

Emergency kit checklist

Food

- 7-day supply of non-perishables per person
- Manual can opener for food
- Disposable plates, cups, utensils
- Napkins or paper towels
- Cookware to boil water
- Propane tanks for your grill so you can cook

Water

- Three gallons of water per person, per day for both drinking and sanitation (FEMA recommends a 5-day supply)

First Aid

- Fully stocked first aid kit
- Additional prescriptions or essential medicine
- List of current medications and allergies
- Sunscreen
- Insect repellent
- Fire extinguisher
- Extra cash in case ATMs are down

Lighting

- Flashlights and extra batteries
- Utility lighter
- Wrench and pliers to turn off utilities
- A large light source (e.g. lantern)

Communication

- Battery-powered AM/FM radio
- NOAA hazard-alert radio
- Car or emergency charger for mobile devices
- Cell phone
- Small notepads and pencils
- Games and activities that don't require electricity
- A whistle to signal for help
- Extra batteries

Baby Needs

- Bottles and formula
- Two-week supply of diapers
- Baby wipes and diaper rash ointment

Transportation

- Maps of local and state roads
- Directions to nearby shelters
- Spare tire or tire patch kit
- Emergency roadside flares or triangles
- List of local services and contact information

Sanitation & Personal Care

- Trash bags
- Disinfectant wipes or gels
- Toothbrushes and toothpaste
- Toilet paper
- Spare set of clothes and shoes for each person
- One blanket per person
- Personal, feminine care items
- Soaps and shampoos
- Dust masks, plastic sheeting, duct tape, plastic ties

Pet Needs

- One week of food and water
- Leash and a crate or carrier
- Bed, dishes, toys
- Any medications
- Battery-operated air pump for aquarium
- Vet's contact information
- Waste bags
- Photo of you and your pet for proof of ownership